

Reopening American Korean Taekwondo School

We are very excited to announce that we will be reopening with a modified schedule on Monday, August 3, 2020.

The past four months have been a very challenging and difficult period for all of us. We hope all our students and their families are staying healthy, strong and positive during this unprecedented time. We understand that the crisis has not yet passed, and this just the beginning of a long journey back to normalcy.

As the government's COVID-19 guidelines continue to develop, we will take every safety precaution possible and make changes when necessary. Students and their parents must follow our new safety procedures in order to participate in class. We urge everyone to consider not just their own wellbeing but others as well.

Please read the following carefully.

Limited class size

Since we are allowed to open to only 25% of our capacity, we will be limiting the number of students for each class and the number of parents in the waiting area. Please remember that 1 family member in the waiting area means we can have 1 less student in the classroom. To give students more opportunities to take their classes, we will be asking parents to drop off their child and not come inside the school. Parents are still welcome to come inside as needed and visit the office to speak with the masters and staff.

Before a student attends their first class again, we highly recommend parents pick a class or classes for their child to attend in advance and call/email the office to confirm availability. Once a student is confirmed for a spot, their place is guaranteed.

- Students are encouraged to participate in only the class or classes they are assigned.
- Students are not allowed to make up classes they miss until further notice.
- Student's membership will be reactivated once they attend their assigned class or classes.

American Korean Taekwondo staff will:

- Sanitize all common areas, office and training equipment daily.
- Ask all students and family members to sanitize/wash their hands before entering school.
- Have Masters and staff wear masks at all times.
- Keep the office door closed. If students need to access the office, please ask a staff member first.
- Check all students' body temperatures before the start of class to make sure they are in good condition to exercise. Temperature readings should be lower than 100.4F. Anyone exhibiting symptoms of illness will be respectfully asked to leave for the day.
- Close changing rooms until further notice.
- Permit students to enter gym directly before the start of class to avoid lining up in the waiting room. Students will wait on marked spots that will be placed at least 7' away from one another.
- Allow students to wear socks inside gym if necessary. They must be non-slip socks.
- Mark the school mats to help students practice social distancing.
- Close the water fountain. Students will be required to bring their own water bottle.
- Minimize any physical contact with students.
- Provide a live stream of each class for family to watch on their phone without needing to enter the school. The streaming service will be available only during class time and school events.
- Not accept any exchanges or returns of sold items until further notice. All sales are final.
- Suspend contact sparring during Sparring Drill Week until further notice.
- Operate on a temporarily modified class schedule in order to encourage social distancing and allow for the safe entry and exit of students between classes.

Students will need to:

- Sanitize/wash their hands upon arrival.
- Practice social distancing at all times inside the school.

- Wear masks all the time unless a student has difficulty breathing while exercising and with a master's permission.
- Bring their own water bottle. Water bottles will be allowed inside the gym.
- Clean uniforms and equipment after each class once they return home.
- Wear uniforms to class. Changing rooms will be closed until further notice.

Families will help us by:

- Keeping students home if they show any symptoms of illness or are not in 100% good health.
- Not sending students to class for at least 14 days if any family members/close relations have been exposed to COVID-19.
- Not sending students to class for at least 14 days if any family members/close relations have recently traveled to States with significant community spread of COVID-19. (Check state website for more information)
- Dropping off students no earlier than 5 minutes prior to their classes and picking them up on time. No students are allowed to stay in school unattended for longer than 5 minutes before or after class.
- Not staying in the waiting area while the student is in class. Please drop them off and pick them up after class. The only exceptions are Little Tigers classes and the parent/guardians of new trial students. Please use your phone to watch the live stream of the class.
- Wearing masks at all times while inside the school.
- Practicing social distancing while inside the school.

We will keep monitoring COVID-19 related restrictions and guidelines closely and will continue to make further adjustments as needed in order to ensure safety standards as well as keep classes fun and safe for all of our students.

If you have any questions or concerns, please feel free to contact us.

Thank you for your support and cooperation.